Student Care and Assistance provides assistance to University of Iowa students experiencing crisis and emergency situations. These situations may include: hospitalization; medical emergencies or long-term illness; mental health concerns; chronic conditions; death of a family member; natural disasters - fire, tornado, and displacement; off campus living concerns; or unexpected events or challenges.

We know that students may experience a variety of challenges during their college career. Student Care and Assistance is a central location that provides coordinated efforts along with campus partners to assist students with overcoming challenges to be successful and continue towards graduation.

Student Care and Assistance (SCA) works closely with the Early Intervention Team (EIT) and the UI Threat Assessment Team (TAT). The Associate Dean co-directs the Early Intervention Team with the Director of Academic Support and Retention. The 2018-2019 EIT Executive Summary is included at the end of this report. The Associate Dean is also a member of the Threat Assessment Team and assists in managing high risk student cases.

**SUMMARY**

Between June 1, 2018 and May 31, 2019, the Office of Student Care and Assistance (SCA) provided support and assistance to:

- 1704 students including undergraduate, graduate, professional, and non-degree/non-enrolled (not including Title IX cases)
- 71 of those total cases were joint student conduct and student care cases (necessary to involve both offices to address the concerns of the student)

**SCA Case Numbers**

Student Care and Assistance: 1633  
Joint Care and Conduct: 71  
**Total Cases: 1704**

Students of concern engage with SCA in different ways including meetings, various communications, consultations with faculty/staff, discussion on EIT or TAT, or a combination of methods. The numbers below regarding consultations and EIT or TAT primary cases may overlap due to the type and level of engagement with a student of concern.
The types of concerns presented by students range from absence notices, emergency transports, and death of family members to hospitalizations, mental health concerns, natural disasters, and medical concerns. Below are the presenting concerns during 2017-2018. One student may present multiple concerns.

### Presenting Concerns

- Absence Notice (115)
- Accident/Injury (50)
- Condolence Card (37)
- Family Concerns (82)
- Hospitalization (59)
- Medical/Illness (138)
- Mental Health (183)
- Natural Disaster (400)
- Roommate/Other Student (64)
- Self-harm (3)
- Suicidal ideation (25)
- Suicide attempt (8)
- Transitional Issues (88)
- Welfare Check (8)

### Seasonal Nature of Concerns

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### Academic Status of Students of Concern:

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<tr>
<td>Graduate/Professional</td>
<td>12%</td>
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New SCA Initiative

In addition to maintaining the on-going initiatives during the 2018-2019 academic year, Student Care and Assistance implemented the Homeless Student Support committee.

Homeless Student Support
At the end of summer 2018, the Office of the Dean of Students convened a group of campus and community partners to begin discussing the issue of homelessness among college students. Partners serving on the committee include representatives from Office of Admissions, Office of Financial Aid, Academic Support and Retention, New Student Services, Center for Student Involvement & Leadership, University Housing & Dining, Iowa City High School, United Action for Youth, and students impacted by or interested in the issue. Once able to understand the concern, a cohort of incoming and current students was identified who had self-disclosed experiencing homelessness. Because of a capstone project by a graduate student, the committee was able to amass significant research, generate bench-marking to our peer institutions, and identify best practices. To ensure prospective students had a direct connection to a staff member at the University, a personalized message was sent to those who self-identified as homeless. This message addressed their unique financial circumstances and contained a helpful guide with specific University and community resources to address need-based concerns. We arranged for the identified students to meet and have lunch with current UI students who have been impacted by similar circumstances. This serves as an opportunity for them to meet others and learn from others who have navigated similar concerns. As the committee continues to look ahead, it will adjust its mission to address other areas of insecurity among our students.

Ongoing SCA Initiatives

Safe Room Program
The Office of the Dean of Students, in collaboration with the Iowa Memorial Union and the Iowa House Hotel, provides a safe room program for those who need an emergency place to stay because of safety or violence concerns. The rooms are available as a temporary accommodation and a signed agreement from the participating party is required. Those eligible will be referred to the program directly from the following resources: the Office of the Sexual Misconduct Response Coordinator, University of Iowa Police Department, Rape Victim Advocacy Program, Student Care and Assistance, or other advocacy programs.

The Safe Rooms were used by 15 students for a total of 96 nights during the academic year for an average length of stay of 6 days.

Emergency Fund
The student emergency fund supports University of Iowa students who encounter an unforeseen financial emergency or catastrophic event which would otherwise prevent them from continuing their education at the University of Iowa. The fund is supported by the University of Iowa Student Government (UISG) and the Graduate and Professional Student Government (GPSG).

These funds are not intended to be used for routine expenses or as a supplement to a student’s education funding sources. Instead, these funds are for those students who experience an event or unforeseen circumstance that negatively and severely impacts their academic success. The Office of Student Financial Aid provides assistance in determining if the granting of the emergency fund request would have a negative impact on current and future aid received. Priority will be given to students whose tenure at the University of Iowa may be at risk because of unexpected expenses. Funds may only be awarded once during a student’s academic career at the University of Iowa.

There were 17 recipients during the academic year for a total of $5,000 in emergency funds.
Quick Guide for Helping Students:
In fall 2013 we created a “Quick Guide for Helping Students.” The folder is available online or in a printable PDF version on the Office of the Dean of Students website: http://dos.uiowa.edu/assistance/quick-guide-for-helping-students/

The Quick Guide was not mailed so distribution to campus was provided through a mass email in fall 2018 and spring 2019 semesters.

Hawkeye Meal Share
Hawkeye Meal Share is an initiative that gives students the opportunity to donate their unused guest meal swipes online to any undergraduate, graduate, or professional student in need at the University of Iowa. Students experiencing food insecurity are able to receive meals by contacting Student Care & Assistance in the Office of the Dean of Students. All of this is possible thanks to the collaboration of the Office of the Vice President for Student Life, Office of the Dean of Students, University Housing & Dining, University of Iowa Student Government (UISG)/Graduate and Professional Student Government (GPSG), Food Pantry at Iowa, Associated Residence Halls, and the charitable students of the University of Iowa.

During the 2018-2019 academic year, 677 students donated a total of 3,524 meals to the program. 163 students requested meals and a total of 2,548 meals were distributed. On average, each student received 15 meals.

Trans* Support Fund
The trans support fund assists and supports University of Iowa trans students who desire to pursue legal name and document changes, but have limited financial means to complete the process. Issues related to identity and the ability to legally change documents and names can sometimes limit a student’s ability to fully participate academically and socially on campus, thus preventing them from continuing their education at the University of Iowa.

Student Care & Assistance, in collaboration with the UI Trans Alliance organization, University of Iowa Student Government (UISG), and Graduate and Professional Student Government (GPSG), developed a financial support fund that allows students with demonstrated financial need the opportunity to work with campus resources to obtain the necessary funds to complete their legal name and document change. The fund is supported by UISG and GPSG. Students applying for funds will work with Student Legal Services to complete the legal process for changing their name and documents.

3 students utilized the fund through Student Legal Services this past academic year.
Campus Inclusion Team

After a review of its first full year, the Campus Inclusion Team (CIT) to be co-led by staff members in the Office of the Dean of Students, Multicultural and International Student Support and Engagement, and the Women's Resource and Action Center. CIT provides support and resources to students experiencing a concern related to a bias surrounding diversity, equity, and inclusion. CIT meets with students, provides access to supportive resources, and helps students identifying reporting options as needed. Data is maintained regarding the situations of concern but is not connected to any identifying student information. Additional information about CIT can be found at [https://inclusionteam.uiowa.edu/](https://inclusionteam.uiowa.edu/).

During the 2018-2019 year, 68 incidents were reported to the CIT. Some incidents involved more than one impacted student and many involved multiple types of bias being reported, as noted below. From these reports, Campus Inclusion Team members outreached and provided support to 149 students that were identified as being directly impacted by the incidents. In certain instances, campus partners, including Residence Education and the Office of the Sexual Misconduct Response Coordinator, followed up with impacted and involved students. Student response to CIT outreach varied from no response to replying to an email to report they did not need assistance to meeting with members of CIT. In all instances, students were provided access to a variety of campus resources to assist. Members of CIT also followed up on behalf of students by communicating with other campus departments to seek additional information and to coordinate support.

As noted above, the type of bias reported is not equal to the number of incidents reported as some instances have more than one type of bias that occurred. It should also be noted that an incident may have more than one affected student, but the type of bias represented would still only be counted as one in the chart below.

### Types of Bias Reported

- **Racial**: 24
- **LGBTQ**: 12
- **Gender Identity**: 14
- **Xenophobic**: 15
- **Religious**: 20
- **Other/unknown**: 4
- **Anti-conservative**:
- **Anti-Military/Veterans**:

![Pie chart showing the types of bias reported](image-url)
As evident in the below graph, on-campus residence halls comprise the vast majority of locations in the reports. One reason for this is the high level of training and presence of residence hall staff with the responsibility to report concerns. Of the 32 residence hall incidents, 14 of the reports involved concerns found on property, such as a dry erase board or a sign. Hall coordinators and other leadership within the department were aware of each incident and collaborated with CIT in responding and supporting students.
This report summarizes one year of caseload data for the University of Iowa’s Early Intervention Team (EIT). EIT is a group of staff members who meet regularly to coordinate outreach and support for students who may be experiencing multiple concerns that are impeding their ability to be successful during their collegiate experience.

The data below pertain to the 185 students served during the 2018-2019 academic year.

- **Number of Students Supported By EIT**
  - 2011-2012: 183
  - 2012-2013: 330
  - 2013-2014: 378
  - 2014-2015: 389
  - 2015-2016: 373
  - 2016-2017: 421
  - 2018-2019: 186

- **EIT members from:**
  - Office of the Dean of Students
  - Academic Support & Retention
  - University Counseling Service
  - Center for Diversity & Enrichment
  - Academic Advising Center
  - College of Liberal Arts & Sciences
  - Threat Assessment Team
  - Residence Education

- **Goals of EIT:**
  1. Provide support and assistance to students in need: this is the primary focus of EIT
  2. Outreach via presentations and consultations with the campus community
  3. Identify populations of students who may struggle and respond by creating initiatives to foster more inclusive environments

- **Year at UI**
  - 1st year: 31%
  - 2nd year: 26%
  - 3rd year: 19%
  - 4th year: 23%

- **Students by College**

  - College of Liberal Arts & Sciences: 154
  - Tippie College of Business: 15
  - College of Engineering: 10
  - College of Public Health: 3
  - College of Nursing: 2
  - University College: 1

The decrease in 2018-2019 was due to multiple changes related to determining if a student would be added to EIT (for example, no longer automatically including every absence notice, etc.).

As in previous years, a majority of students on EIT were first year students who experience a combination of social, personal, and academic concerns that are affecting their experiences at the University of Iowa.
Comparing the distribution of EIT students by race and ethnicity and international status to that of the overall undergraduate campus population as reported in Fall 2018.

- **Students by Race and Ethnicity**
  - AA or Black: 15% EIT, 3% All Undergraduate
  - Asian: 7% EIT, 4% All Undergraduate
  - Latinx: 7% EIT, 7% All Undergraduate
  - Multi-Racial: 4% EIT, 3% All Undergraduate
  - International: 7% EIT, 8% All Undergraduate
  - Unknown: 3% EIT, 3% All Undergraduate
  - White: 7% EIT, 58% All Undergraduate

- **Number of EIT Students who Withdrew During 2018-2019**
  - Total withdrawals: 20
  - Male withdrawals: 10
  - Female withdrawals: 10

- **HIGH SCHOOL VS UI GPA**
  - Average HS GPA: 3.62
  - Average UI CUM GPA: 2.73

- **Percent of total students on EIT in the 2018-2019 academic year who enrolled for Fall 2019**
  - Fall 2019: 69%

- **EIT Students by Sex**
  - Male: 42%
  - Female: 58%

- A little over 2% of students are veteran status.
- 34% of students are eligible for Center for Diversity and Enrichment (CDE) Services. This is an increase compared to previous years, where the percentage of CDE-eligible students was between 25-30%.
- 55% of EIT students live off-campus vs a residence hall.
Consistent with previous years, mental health concerns are the top concern that EIT students experience. Academic issues have always been a top concern as well, but this year, academic related concerns increased.

We added a new category of type of concerns, “Victim of Bias” given changes in social and political climates.

Longitudinal Trends

- Increasing numbers of students who are CDE-eligible; higher proportion of students on EIT from marginalized populations
- Increasingly have seen students with Autism, or behaviors/characteristics consistent with Autism, referred to EIT
- Of all EIT students, anywhere between 62%-69% of students return for the following the fall or graduate (according to early June numbers)
- Consistently have seen 40%-50% of EIT students from the first-year student population, but slightly less first-year students (3%) in 18-19.
- Consistently have seen that mental health concerns are the top concern/reason for referral
- October and April were previously the peak months for referrals, that shifted to September and March in 18-19.
- Decline in total number of students on EIT in 18-19 due to multiple factors.

Early Intervention Team Contact Information:
Dr. Angie Reams, Interim Associate Vice President and Dean of Students, Office of the Dean of Students angela-reams@uiowa.edu or 319-335-1162

Dr. Mirra Anson, Director, Academic Support and Retention mirra-anson@uiowa.edu or 319-335-1497